## **Compliance Statement - National Data Opt Out**

## What is the National Data Opt-Out?

The national data opt-out was introduced on 25 May 2018, enabling patients to opt out from the use of their data for research or planning purposes, in line with the recommendations of the National Data Guardian.

Whenever you use a health or care service, important information about you is collected in a patient record for that service. Collecting this information helps to ensure you get the best possible care and treatment.

The information collected about you when you use these services can also be used and provided to other organisations for purposes beyond your individual care, for instance to help with improving the quality and standards of care provided, research into the development of new treatments, preventing illness and diseases, monitoring safety, and planning services.

This may only take place when there is a clear legal basis to use this information. All these uses help to provide better health and care for you, your family and future generations. Confidential patient information about your health and care is only used like this where allowed by law. Anonymised data is used for research and planning so that you cannot be identified in which case your confidential patient information isn't needed.

You have a choice about whether you want your confidential patient information to be used in this way. If you are happy with this use of information you do not need to do anything. If you do choose to opt-out your confidential patient information will still be used to support your individual care.

## **Carers Trust Hillingdon statement**

Health and care organisations have until March 2021 to put systems and processes in place so they can be compliant with the national data opt-out and apply your choice to any confidential patient (carer) information they use or share for purposes beyond your individual care.

Carers Trust Hillingdon only uses your personal health data to provide individualised support to you and does not disclose your data for any other purposes. The national data opt-out does not apply to our usage of your data and we are compliant with the policy. However as a practice we are informed of procedures and can advise clients or carers of where they can access the National Data Opt-out information.

For further information on:

How to set up your NHS Data Opt-Out:

https://www.nhs.uk/your-nhs-data-matters/

How patient information is used in research studies:

https://www.hra.nhs.uk/information-about-patients/

How patient information is used in healthcare:

https://understandingpatientdata.org.uk/how

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